

# Forklift Safe Operation Techniques

### LAW REFERENCE

MINISTERIAL ORDER NO (5) OF 2014 WITH RESPECT TO DETERMINING THE REQUIRED CONDITIONS AND PRECAUTIONARY MEASURES FOR THE PROTECTION OF WORKERS FROM THE HAZARDS OF WORK ON LIFTING EQUIPMENT

Articles 3, 4 and 5 states that employers should provide preventative awareness and trainings related to Occupational Health and Safety.

### WHO TAKES A CERTIFICATE IN FORKLIFT SAFE OPERATION?

These qualifications are designed for learners who either have a job role which involves forklift truck Operations or who wish to commence one. It enables learners to develop their skills, knowledge and understanding of operating a specific type of forklift truck.

If you are passionate about the field and want to develop skills needed to prove your competency in the role, this program will help you get there.





# Forklift Safe Operation Technique

### Overview

This program is designed to provide trainees with information to operate forklift safely.

Employers are required to comply with the law to protect their workers from injury by providing training in forklift safe operation.

Many of Forklift accident occurring every year some of these accident are fatal or property damage caused by operator error, poor maintenance and unsuitable operating surrounding

The course covers the principles on reducing the risks of accident and property damage associated with forklift operation activities which can result serious impact to organization.

## Learning Outcomes:

Upon completion of this course, the participants should be able to:

- Aware of the legislation surrounding the use of forklift trucks in the working environment.
- Understand the principles and purpose of the relevant components, systems and attachments.
- Understand inspection and maintenance of forklifts.
- Understand machine capacity and limitations.
- Knows the types of load, load distribution for stability, information on loads, hazardous loads.
- Understand safe operation procedures.

### Course Details:

**Certificate: STC-BH** 

**Duration: 2 Days (14hrs)** 

**Assessment: Written and Practical Exam** 

# Target Audience:

Forklift operators, Maintenance people and area supervisor or any person using forklift at workplace.



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## Course Content:

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Day	Content
1	Introduction & Objective
	• Health and Safety, PUWER LOLERk, and
	Maritime Regulations
	Health & Safety Law at workplace
	Forklift Psychics
	Forklift accident cause factors
	Lift truck safe operation technique
	Refueling and Recharging
	Maintenance & Daily inspection
2	Lift truck safe operation technique
	Refueling and Recharging
	Maintenance & Daily inspection
	Stability Triangle
	Load Center
	Forklift Capacity
	<ul> <li>Load handling and Transportation</li> </ul>
	technique

# Approvals:

Course approved by:



