



Equip your workforce with Health & Safety Principles!

Aim High Career Goals...

General Health and Safety

LAW REFERENCE

MINISTERIAL ORDER NO (8) OF 2013 WITH RESPECT TO REGULATING OCCUPATIONAL SAFETY AND HEALTH IN ESTABLISHMENTS

Articles 3 and 7 states that employers should provide preventative awareness and trainings related to Occupational Health and Safety.

WHO TAKES A CERTIFICATE IN GENERAL HEALTH & SAFETY?

The General Certificate course is aimed at managers, supervisors and staff from all types of organizations who need a broad understanding of health and safety issues. The certificate helps them manage risks effectively. Many people take the General Certificate as one of the first steps towards a health and safety career, either with or without taking other International qualifications such as an IOSH Managing Safely or NEBOSH General Certificate.

If you are passionate about the field and want to develop skills needed to prove your competency in the role, this program will help you get there.

Course Outline



General Health and Safety

Overview

This training program is designed to provide the essential general knowledge and understanding of health and safety for employees in workplace at commerce, public or service industries. Focus on the practice of good health and safety standards are given emphasis in order to reduce risks and prevent accidents and ill health arising from work activities.

This course will also discuss the responsibilities and accountabilities of the employers for the safety conditions and fire prevention of the workers as required by the law. This will provide appropriate training for developing skills attitudes and knowledge on health and safety as essential element for a safe system.

Learning Outcomes:

Upon completion of this course, the participants should be able to understand:

- Health and safety law and welfare.
- Workplace safety.
- Personnel protective equipment.
- Accident cause factors and workplace accident prevention.
- Electrical, chemical and mechanical hazards, substances hazardous to health and standards of workplace ergonomic.
- Workplace emergency procedures.



**SAFETY TRAINING
AND CONSULTANCY CENTRE**
مركز السلامة للتدريب والاستشارات

Course Details:

Certificate: STC-BH

Duration: 2 Days (12hrs)

Assessment: Written Exam

Target Audience:

Target participants for company workers, supervisor's team and leader or anyone who want to acquire general safety awareness at workplace.



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Course Content:

Day	Content
1	<ul style="list-style-type: none">• Introduction• Health & Safety Law• Workplace Health, Safety and Welfare• Workplace safety• Personnel Protective Equipment• Accident cause factors• Workplace accident prevention
2	<ul style="list-style-type: none">• Electrical hazards• Chemical hazards Mechanical hazards• Standard of work place ergonomic• Substances hazardous to health• Work place emergency procedure

Approvals:

Course approved by:

